

Health Talk Series

Fall Prevention and
Home Safety Awareness



PLEASE JOIN US

Tuesday, December 10, 2019 • 10 a.m.
Belchertown Council on Aging
60 State Street
Belchertown, MA 01007

Join us to hear important information on how to stay safe from falls at home. Physical therapist Stefanie Cust from Encompass Health Rehabilitation Hospital of Western Massachusetts will share smart ways to protect yourself when navigating and performing tasks throughout your home.

To learn more, contact Cynthia Mason, nurse liaison at Encompass Health Western Massachusetts, at 413.244.1621.

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**Encompass
Health**

Rehabilitation Hospital
of **Western Massachusetts**